Key Stage 4 Curriculum

Health and Social Care

THE WINSFORD ACADEMY

In Year 10 Students will study:

	Winter Term		Spring Term		Summer Term	
	Half Term 1	Half Term 2	Half Term 3	Half Term 4	Half Term 5	Half Term 6
	R033: Supporting Individuals through life events	R033: Supporting Individuals through life events	R033: Supporting Individuals through life events	R033: Supporting Individuals through life events	R035: Health promotion campaigns	R035: Health promotion campaigns
Content	PIES development: Physical Intellectual Emotional Social Life events and their impacts on development: ♣Parenthood ♣Marriage ♣Divorce ♣Imprisonment ♣Chronic Illness ♣Accident ♣Bereavement Individual Needs of those who have experienced life events	Sources of support: ♣Formal ♣Informal ♣Charity The roles of practitioners in providing this support Research based on the various types of support for specific individuals	Life stages and human lifespan development: ♣4-10 years (childhood) ♣ 11-18 years (adolescence) ♣ 19-45 years (young adulthood) ♣ 46-65 years (middle adulthood) ♣ 65+ years (older adulthood) Factors affecting development ♣Physical ♣Social ♣Emotional ♣Cultural ♣Economic ♣Environmental	Completion of R033 coursework 30% of final grade Preparation for R035 – Health Promotion Campaigns	Reasons why a healthy society is important: ♣Control of communicable diseases ♣Decrease the cost of care ♣Decrease sickness and dependency ♣Increased life expectancy Public health challenges: ♣ Obesity ♣ Flu and viruses ♣ Alcohol consumption ♣ Heart disease/stroke ♣ Sexual health ♣ Cancer ♣ Physical activity ♣ Mental health ♣ Smoking cessation ♣ Child dental health Organisations promoting public health challenges: ♣Charities ♣NHS ♣Government health agencies ♣World Health Organisation	Current health promotion campaigns Factors influencing health and wellbeing Leading a healthy lifestyle Barriers to leading a healthy lifestyle: ♣Advertising / media ♣Peer pressure ♣Lack of support ♣Cost ♣Creating Health Campaign resources

National Curriculum Elements	*Core knowledge and understanding, development of key skills, focus on health and social care principles*	*Core knowledge and understanding, development of key skills, focus on health and social care principles*	*Core knowledge and understanding, development of key skills, focus on health and social care principles*	*Core knowledge and understanding, development of key skills, focus on health and social care principles*	*Core knowledge and understanding, development of key skills, focus on health and social care principles, promoting health and wellbeing, inclusivity and social awareness*	*Core knowledge and understanding, development of key skills, focus on health and social care principles, promoting health and wellbeing, inclusivity and social awareness*
Homework	1 homework per week to check understanding of concepts and to prepare for coursework	1 homework per week to check understanding of concepts and to prepare for coursework	1 homework per week to check understanding of concepts and to prepare for coursework	1 homework per week to check understanding of concepts and to prepare for coursework	1 homework per week to check understanding of concepts and to prepare for coursework	1 homework per week to check understanding of concepts and to prepare for coursework
Cultural Capital	Diversity, developing empathy, understanding of other people's lives from different perspectives.	Diversity, developing empathy, understanding of other people's lives from different perspectives.	Diversity, developing empathy, understanding of other people's lives from different perspectives.	Diversity, developing empathy, understanding of other people's lives from different perspectives.	Factors that influence physical, intellectual, emotional and social health for different people. Health and well-being issues in the UK, health inequalities and policies around health.	Factors that influence physical, intellectual, emotional and social health for different people. Health and well-being issues in the UK, health inequalities and policies around health.
Assessment	R033 Coursework	R033 Coursework	R033 Coursework	R033 Coursework	R035 Coursework	R035 Coursework

In Year 11 Students will study:

	Winter Term		Spring Term		Summer Term	
	Half Term 1	Half Term 2	Half Term 3	Half Term 4	Half Term 5	Half Term 6
	R035: Health promotion campaigns	R032: Principles of Care in Health and Social Care Settings	R032: Principles of Care in Health and Social Care Settings	R032: Principles of Care in Health and Social Care Settings	R032: Principles of Care in Health and Social Care Settings	
Content	♣Planning a Health promotion campaign ♣Gathering feedback ♣Delivering a health promotion campaign ♣Evaluating a health promotion campaign: Using feedback Self-reflection Review strengths and weaknesses	♣Types of Care setting: -Health Care -Social Care The rights of the service user: ♣Choice ♣Confidentiality ♣Consultation ♣Equal and Fair Treatment ♣Protection from abuse and harm Benefits to service users' health and wellbeing: ♣Trust ♣High self-esteem ♣Empowerment ♣Needs of the service user are met Person centred values ♣Dignity ♣Respect ♣Privacy ♣Independence ♣Partnership ♣Rights ♣Individuality ♣Choice ♣Encouraging decision making The 6C's of Care: ♣Care ♣Compassion ♣Courage ♣Communication	Benefits of applying person centred values: ♣To the service user ♣To the service provider Effects of not applying person centred values: ♣Physical ♣Intellectual ♣Emotional ♣Social Safety procedures and measures ♣First aid ♣Risk assessments ♣Staff Training programmes ♣Emergency procedures ♣Equipment considerations ♣Safety measures Security measures ♣Identifying staff ♣Monitoring keys ♣Monitoring visitors ♣Reporting Concerns ♣External doors ♣Window locks	Effective Communication: ♣Verbal ♣Non-verbal ♣Active listening ♣ Special methods of communication The importance of effective communication The impacts of poor communication Safeguarding ♣service users who need safeguarding ♣Impacts of lack of safeguarding ♣Procedures ♣Training ♣DBS checks Infection prevention ♣General cleanliness ♣Personal hygiene measures ♣PPE	**Revision of all units in R032 to prepare for the exam which takes place in June** **Including:** **Past paper analysis** **Mind maps** **Documentaries** **Revision techniques**	

		♣Competence ♣Commitment				
National Curriculum Elements	*Core knowledge and understanding, development of key skills, focus on health and social care principles, promoting health and wellbeing, inclusivity and social awareness*	*Exploring principles of care, such as promoting equality and diversity, safeguarding, and maintaining confidentiality. Students learn how to evaluate situations, respond to the needs of different service users, and develop communication skills.*	*Exploring principles of care, such as promoting equality and diversity, safeguarding, and maintaining confidentiality. Students learn how to evaluate situations, respond to the needs of different service users, and develop communication skills.*	*Exploring principles of care, such as promoting equality and diversity, safeguarding, and maintaining confidentiality. Students learn how to evaluate situations, respond to the needs of different service users, and develop communication skills.*	*Exploring principles of care, such as promoting equality and diversity, safeguarding, and maintaining confidentiality. Students learn how to evaluate situations, respond to the needs of different service users, and develop communication skills.*	
Homework	1 homework per week to check understanding of concepts and to complete coursework.	1 homework per week to check understanding of concepts and to prepare for the exam.	1 homework per week to check understanding of concepts and to prepare for the exam.	1 homework per week to check understanding of concepts and to prepare for the exam.	1 homework per week to check understanding of concepts and to prepare for the exam.	
Cultural Capital	Factors that influence physical, intellectual, emotional and social health for different people. Health and well-being issues in the UK, health inequalities and policies around health.	Learning about the needs of individuals from varied backgrounds helps students develop empathy and respect for people of all ages, abilities, and cultures. This fosters a more inclusive mindset, which is crucial in today's multicultural society.	Learning about the needs of individuals from varied backgrounds helps students develop empathy and respect for people of all ages, abilities, and cultures. This fosters a more inclusive mindset, which is crucial in today's multicultural society.	Learning about the needs of individuals from varied backgrounds helps students develop empathy and respect for people of all ages, abilities, and cultures. This fosters a more inclusive mindset, which is crucial in today's multicultural society.	Learning about the needs of individuals from varied backgrounds helps students develop empathy and respect for people of all ages, abilities, and cultures. This fosters a more inclusive mindset, which is crucial in today's multicultural society.	

Asessment	R035 Coursework	Past Exam questions in lesson time and for homework	Mock exam	Past Exam questions in lesson time and for homework	Final Exam	